

# **Spencer Overgaard**

## **MEd, Dip CTP, RP, Registered Psychotherapist**

### **Qualifications**

#### **Education**

Master of Education, Brock University, 2005  
Diploma in Psychotherapy (Master's Equivalent), Centre for Training in Psychotherapy, Toronto. 2000  
Master of Divinity, University of Saskatchewan, 1983  
Bachelor of Arts, (Canadian Studies) Carleton University, 1979

#### **Professional Experience**

Psychotherapist in Private Practice, Toronto, 1996 to Present  
Counselor and Teacher, Centennial College, 1997- 2012  
Counselor, Kids' Help Phone, 1996-1998  
Counselor and Teaching Faculty, Humber, George Brown and Centennial Colleges, 1993-1997  
Life Skills Coach, Street Haven (Toronto Board of Education Community Program), 1989-1994  
Community Worker, Lutheran Church in Canada (ELCIC), 1983-1989

#### **Professional Associations**

College of Registered Psychotherapists, Registered Psychotherapists, 2015  
Ontario Society of Psychotherapists (OSP), Board & Committee Member, 2005-2009  
Clinical Member 2000-Present  
Canadian Association of Psychodynamic Therapy (CAPT) Member in Good Standing, 2005-Present  
Centre for Training in Psychotherapy Alumni Association, (CTPAA), 2000 - Present  
Ontario College Counsellors (OCC), 1997- 2012

#### **Continuing Education**

Toronto Psychoanalytic Society, Course: Some Psychoanalytic Ideas on Trauma, 2015  
CTP Graduate Courses, Seminars & Workshops in Current Issues in Psychodynamic Therapy, 2000 - Present  
On-going supervision (peer group & faculty), 1997 – Present  
Sexual Addiction Behaviour Seminar, Asklepion, Toronto, 2009  
Emotionally Focused Therapy: Couples Externship, EFT Institute, Ottawa, 2009  
Collegial Peer Network: Broadview Therapy Centre, 2007 - 2009  
Accredited Coach, Association of Life Skills Coaches of Ontario, 1993-1998  
Clinical Counselling Certificate, Royal Jubilee Hospital, Victoria, BC 1987